

Members Code of Conduct

The purpose of this Code is to establish a minimum standard of behaviour required of swimmers both on and off poolside and applies to training sessions and galas. In order to maintain the Club's reputation and the safety and wellbeing of swimmers, all members **must** abide by the Rules of the Club and in particular the rules contained in this Code of Conduct. Please take this opportunity to review with your swimmer:

GENERAL:

- Members will treat all individuals with due dignity and respect.
- Members should treat everyone equally and never discriminate against another person on any grounds including that of age, sexual orientation, gender, faith, ethnic origin or nationality.
- Members should not use abusive language, bully, harass or act in an aggressive manner at any time.
- Members should display a high standard of behaviour at all times.
- Members will report any poor behaviour by others to an appropriate Club officer, coach or staff member.
- Members will recognise and celebrate the good performance and success of fellow swimmers.
- Members will respect the privacy of others, especially when using the changing facilities.

TRAINING AND COMPETITIONS: *Swimmers Must:*

- Treat all coaches and fellow members with respect.
- Make your coach aware if you have any difficulties attending training sessions.
- Arrive in good time on poolside before the training session starts to complete pre-pool warm-up.
- Inform the coach if they need to leave the pool during a training session.
- Listen to what your coach is telling you and obey promptly all instructions. This includes any instructions at galas from team managers and any of the officials on duty.
- Swim to the wall and practise turns as you would do in a race.
- Never stop and stand in the lane, or obstruct others completing their training.
- Never pull on the lane ropes as this may injure other swimmers.
- Never skip lengths or sets – to do so only means you are cheating yourself.
- Report any problems with the behaviour of other members to an appropriate adult.
- Never change lanes unless instructed to do so by the coach.
- Behave in a sporting manner in all races, and support and encourage the team.

- Treat competitors and teams with respect at all times.
- After any race, report to your coach for feedback, not your parents.
- Always swim down after a race where swim down facilities are available and be respectful to other users.
- Always wear club uniform and caps when representing the Club.
- Never leave an event until either the gala is complete or you have the agreement of the coach or team manager.

CHANGING ROOMS: *Swimmers Must:*

- Behave in a responsible, orderly and appropriate manner in the shower area and changing rooms and change as quickly as possible.
- Respect the property of other swimmers and any of the facilities and equipment provided.

COACHES TO AWAY GALAS: *Swimmers Must:*

- Remain seated throughout the journey.
- Not interfere with any safety equipment including alarm buttons, switches, handles etc.
- Use the seat belts at all times where provided.
- Respect the condition of the coach and remove all rubbish.
- Comply with instructions from the coach driver.

SANCTIONS/PUNISHMENT:

- Failure to comply with these codes will result in the following disciplinary action:

Stage 1: Verbal warning from Coach (followed by a letter from the Committee advising parents)

If this is ineffective the following actions will follow:

1. Temporary exclusion
2. Written warning
3. Withdrawal of membership

In accordance with the Club's Constitution, only the Committee can ultimately withdraw membership of a swimmer – a decision which is not taken lightly, but in the interest if the safety and wellbeing of the swimmers of the club as a whole. Serious incidents will be reported to Swim England in accordance with the guidelines.

Signed:

Date: